



Hanabi Judo Olympic Week Training Camp

Hanabi Judo Olympic Week Training Camp will be a fun, active, and intense training experience for athletes looking to get an extra edge over the summer. The camp is geared for competitors, that being said, you do not have to be an Olympic gold medalist to come and train. We will be providing skills and training exercise for athletes who are new to competition and to veterans who are looking for something more to add to their repertoire.

There will be two sessions on the mat and one outdoor session focusing on judo fitness. Both the morning and the afternoon sessions will have a mix of specific technique training and opportunities for randori. Between the sessions we will take time to watch and analyze competition from this years Olympics.

Basic Schedule

8:00 Early Arrival
9:00 Camp Starts: Bow In and Warm Up
9:30 Newaza Drills and Technique
10:15 Newaza Randori
11:15 Outdoor Training
12:15 Lunch and Rest and Watching Matches from the Olympics
1:00 Warm Up
1:30 Tachiwaza Drills and Technique
2:00 Tachiwaza Randori
3:00 Camp End
6:00 Late Departure

Morning Session: 9:00 to 12:00; All Day Session: 9:00 to 3:00; Early/Late Care: 8:00 am to 6:00 pm

Prices:

Morning Session - \$185 per child

All Day Session - \$310 per child

Early/Late Care: \$95 per child. (Includes participation in any judo classes going on before departure)

A \$50 deposit is required to reserve space. Deposit is due at least one month prior to session. Balance is due 10 days before session start.

Camp Director, Dan Augustine, holds a Master's Degree in Education and a sixth degree black belt in judo. He has taught in New York, Tokyo and Berkeley. He speaks fluent Japanese.

USA JUDO SANCTION NUMBER: *2016-97-08

841 San Pablo Ave. Albany, CA 94706
510-530-8312; www.hanabijudo.com; dan@hanabijudo.com

Frequently Asked Questions

Q: What does my child need to bring to camp?

A: We recommend a lunch or a snack, a water bottle, a backpack (with name in permanent marker), sunscreen, jacket or sweatshirt, and shoes good for running outside, in addition to a judo gi. Athletic clothing for outdoor training. Those staying in the afternoon should also bring a favorite book (though we do have a small library.) Do not bring money, expensive belongings or video games.

Q; What about lunch?

A: Children who leave at 12:00 do not need to bring lunch. Those who are staying in the afternoon should bring a bag lunch. All children are welcome to bring snacks.

Q: Is there care available before or after camp?

A: Early arrival begins at 8:00am and late departure is until 6:00pm. While we have a separate supervised area with games, legos and books, our regular judo classes start about 4:00 pm so children staying after camp are welcome to take part.

Q. Will my child need to have a judo uniform?

A: Yes. If your child does not have a judogi please contact us prior to your arrival at camp.

Q: Are there any other costs for this program?

A: No. The materials for each session will be covered.

Q: Who are the staff?

A: Dan Augustine, Camp Director, is an educator with over 30 years teaching experience around the world. He is a sixth degree black belt, Senior National Champion (1984) and Olympic Alternate (1988). Instructors include Spencer Augustine, third degree black belt, 2nd Senior Nationals 2014 and Dylan Blackburn, third degree black belt, former coach at UC Berkeley. Other guest instructors will be invited.

Q: There will be a wide range of ages attending. Will the activities be appropriate for all?

A: The camp activities can be enjoyed by children of all ages. In addition we have found that having older students learn and interact with younger students is fun and rewarding for both.

Q: What are housing options if we are not local?

A: There are several hotels near our dojo, just a walk or short bus ride away.

- 1) Berkeley Inn
1720 San Pablo Ave, Berkeley, CA 94702
- 2) Americas Best Value Inn - Berkeley
1620 San Pablo Ave, Berkeley, CA 94702

If you need help with lodging please feel free to contact us.

Q: What does “Hanabi” mean?

A: Hanabi means “fireworks” in Japanese. (Literally “flower-fire”). We believe its brightness, energy and excitement truly expresses our spirit. Please find out more about us at www.hanabijudo.com.

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Hanabi Judo Olympic Week Training Camp Application

Participant Information:

Date: _____

Name: _____
 First Last

Gender: M F

Address: _____

City: _____ Zip: _____

Phone: _____ Cell: _____

E-mail: _____ DOB: _____ Age: _____

Time of Attendance:

9 - 12 \$190 _____

9 - 3 \$310 _____

Extended/Late Care \$95 _____

Total \$ _____

A \$50 deposit is required to reserve space. Deposit is due at least one month prior to camp. Balance is due 10 days before start of camp.

Emergency Contact Information:

Name _____
 First Last

Work: () _____

Home Phone: () _____

Cell: () _____

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Guardian Information: *Hanabi Augustine Albany Judo has unrestricted permission to release the above named child to all people listed below. Other people who are allowed to pick up the child is/are* _____

Parent/Guardian Contact Information:

Name: _____
 First Last

Address: _____ Zip: _____

City: _____

Home Phone: (____) _____ Work: (____) _____

Cell: (____) _____

Email: _____

Medical Information:

Name of the Doctor: _____ Phone Number: (____) _____

Insurance Co.: _____ Policy Number: _____

Does your child have any allergies to medications, food or other items? _____
If so please list:

Medications taken daily? _____

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Hanabi Augustine Albany Judo

Release and Waiver of Liability and Indemnity Agreement

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of Hanabi Augustine Albany Judo for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any on-site or off-site program affiliated with Hanabi Augustine Albany Judo, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities and/or the affiliated program(s). It is further warranted that such entry into Hanabi Augustine Albany Judo for observation or use of any facilities and/or equipment or participation in any such affiliated program(s) constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER HANABI AUGUSTINE ALBANY JUDO FOR ANY b PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY ON-SITE OR OFF-SITE PROGRAM AFFILIATED WITH HANABI AUGUSTINE ALBANY JUDO, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE HANABI AUGUSTINE ALBANY JUDO, its owners, officers, employees, volunteers, members and/or their families (hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with Hanabi Augustine Albany Judo.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned in, upon or about Hanabi Augustine Albany Judo premises or in any way observing or using any facilities or equipment of Hanabi Augustine Albany Judo or participating in any program affiliated with Hanabi Augustine Albany Judo whether by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL REponsibility FOR AND RISK OF BODILY INSURY, DEATH OR PROPERTY DAMAGE due to negligence of releasees or otherwise while in, about or upon the premises of Hanabi Augustine Albany Judo and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with Hanabi Augustine Albany Judo. THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the States of California and if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
4. As the parent, legal guardian, or authorized representative, I hereby give consent to Hanabi Augustine Albany Judo program to provide all emergency dental or medical care prescribed by a duly licensed physician (MD or DO) or dentist (DDS) for my child. This care may be given under whatever conditions are necessary to preserve the life, limb, or well-being of the child.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNED THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written have been made.

I HAVE READ THIS RELEASE

Date: _____

Print Name: _____

Signature: _____